

SERMON NOTES

Lose the Luggage - Of Fear

Midweek Sermon Pastor Carl Toti June 24, 2020

Hebrews 12:1 (NLT)

Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily hinders our progress. And let us run with endurance the race that God has set before us.

Luke 21:26 (NKJV)

26 men's hearts failing them from fear and the expectation of those things which are coming on the earth, for the powers of heaven will be shaken.

Why We Must Lose The Luggage of Fear

| 1. | Fear | Contaminates | |
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Fear is a negative life force. Paul calls fear a "spirit."

2 Tim. 1:7 (KJV)

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

Likewise, Paul identified faith as a life force saying...

2 Corinthians 4:13 (NKJV)

13 And since we have the same spirit of faith, according to what is written, "I believed and therefore I spoke," we also believe and therefore speak,

Faith attracts. Fear attracts.

Job 3:25 (NKJV)

25 For the thing I greatly feared has come upon me, And what I dreaded has happened to me.

Job 3:25 (NJB)

Whatever I fear comes true, whatever I dread befalls me.

"Fear tolerated is faith contaminated" and "whatever is not of faith is sin" (Rom. 14:23).

| 2. Fear Holds us | |
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| "Perfect love casts ou | t fear" (1 John 4:18). |

3. Conquer Fearful ___

2 Corinthians 10:4-5 (NKJV)

4 For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, 5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,

Psalm 34:4 (NIV)
I sought the Lord, and he answered me;
he delivered me from all my fears.

Psalm 56:3 (NIV)
When I am afraid,
I will trust in you.

Psalm 112:7 (NIV)

He will have no fear of bad news;

his heart is steadfast, trusting in the Lord.

Isaiah 12:2 (NIV)
Surely God is my salvation;
I will trust and not be afraid.
The Lord, the Lord, is my strength and my song;
he has become my salvation."

ANSWERS:

- 1. FAITH
- 2. BACK
- 3. THINKING