

The People's Choice

Mental Health

Part 4

Pastor Carl Toti

July 31 - August 1, 2021

John 5:1–9 (TPT)

1 Then Jesus returned to Jerusalem to observe one of the Jewish holy days. 2 Inside the city near the Sheep Gate there is a pool called in Aramaic, The House of Loving Kindness. And this pool is surrounded by five covered porches. 3 Hundreds of sick people were lying there on the porches—the paralyzed, the blind, and the crippled, all of them waiting for their healing. 4 For an angel of God would periodically descend into the pool to stir the waters, and the first one who stepped into the pool after the waters swirled would instantly be healed. 5 Now there was a man who had been disabled for thirty-eight years lying among the multitude of the sick. 6 When Jesus saw him lying there, he knew that the man had been crippled for a long time. So Jesus said to him, “Do you truly long to be healed?” 7 The sick man answered him, “Sir, there’s no way I can get healed, for I have no one who will lower me into the water when the angel comes. As soon as I try to crawl to the edge of the pool, someone else jumps in ahead of me.” 8 Then Jesus said to him, “Stand up! Pick up your sleeping mat and you will walk!” 9 Immediately he stood up—he was healed! So he rolled up his mat and walked again! Now this miracle took place on the Jewish Sabbath.

6 When Jesus saw him lying there, he knew that the man had been crippled for a long time. So Jesus said to him, “Do you truly long to be healed?”

Spirit (Pneuma is an ancient Greek word for "breath," and in a religious context for "spirit.")

Soul (Psyche is an ancient Greek word for "soul.")

Body (Soma is an ancient Greek word for "body.")

Related verses on the soul—

Mark 8:36 (NKJV)

36 For what will it profit a man if he gains the whole world, and loses his own soul?

Psalms 23:3 (NKJV)

3 He restores my soul; He leads me in the paths of righteousness For His name's sake.

3 John 2 (NKJV)

2 Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.

SOUL-CARE ENCOMPASSES 5 SACRED PRACTICES

(1) _____

James 4:6 (NKJV)

6 But He gives more grace. Therefore He says:

“God resists the proud, But gives grace to the humble.”

Micah 6:8 (NKJV)

8 He has shown you, O man, what is good; And what does the LORD require of you But to do justly, To love mercy, And to walk humbly with your God?

(2) _____

John 5:14 (NKJV)

14 Afterward Jesus found him in the temple, and said to him, “See, you have been made well. Sin no more, lest a worse thing come upon you.”

(3) _____

Proverbs 17:22 (NKJV)

22 A merry heart does good, like medicine, But a broken spirit dries the bones.

(4) _____

Psalms 42:5 (NKJV)

5 Why are you cast down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise Him For the help of His countenance.

“I am not what happened to me I am what I choose to be.”

—Carl Jung

(5) _____

Exodus 14:15 (NLT)

15 Then the LORD said to Moses, “Why are you crying out to me? Tell the people to get moving!”

ANSWERS:

(1) HUMILITY

(2) HOLINESS

(3) HUMOR

(4) HOPE

(5) HUSTLE