



SERMON NOTES

Conditions of the Heart: A Healthy Heart

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Mark 4: 3-9: NKJV

“Listen! Behold, a sower went out to sow.

And it happened, as he sowed, that some seed fell by the wayside; and the birds of the air came and devoured it. Some fell on stony ground, where it did not have much earth; and immediately it sprang up because it had no depth of earth. But when the sun was up it was scorched, and because it had no root it withered away. And some seed fell among thorns; and the thorns grew up and choked it, and it yielded no crop. But other seed fell on good ground and yielded a crop that sprang up, increased and produced: some thirtyfold, some sixty, and some a hundred.” And He said to them, “He who has ears to hear, let him hear!”

Simple Truth: We must develop the right, healthy Heart to receive from God. The Word is not the issue. The sower is not the issue. It's ALL about the heart.

“I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh.” (Ezekiel 36:26 NKJV)

Mark 4: 13-17 NKJV) And He said to them, “Do you not understand this parable? How then will you understand all the parables? The sower sows the word. And these are the ones by the wayside where the word is sown. When they hear, Satan comes immediately and takes away the word that was sown in their hearts. These likewise are the ones sown on stony ground who, when they hear the word, immediately receive it with gladness; and they have no root in themselves, and so endure only for a time. Afterward, when tribulation or persecution arises for the word's sake, immediately they stumble.”

When your faith decisions cost you something:

tribulation: a cause of great trouble or suffering

synonyms: suffering, distress, trouble, misery, wretchedness, unhappiness, sadness, heartache, woe, grief, sorrow, pain, anguish, agony
a state of great trouble or suffering.

synonyms: trouble, difficulty, problem, worry, anxiety, burden, cross to bear, ordeal, trial, adversity, hardship, tragedy, sorrow, trauma, affliction; More
Persecution. hostility and ill-treatment, especially because of race or political or religious beliefs.

synonyms: *oppression, victimization, maltreatment, ill-treatment, mistreatment, abuse, ill-usage, discrimination, tyranny;*

More harassment, hounding, intimidation, bullying persistent annoyance or harassment

Mark 4:18-20 NKJV *Now these are the ones sown among thorns; they are the ones who hear the word, and the cares of this world, the deceitfulness of riches, and the desires for other things entering in choke the word, and it becomes unfruitful.*

- Cares of this world
- Deceitfulness of riches
- Desire for other things

“But these are the ones sown on good ground, those who hear the word, accept it, and bear fruit: some thirtyfold, some sixty, and some a hundred.”

We need to get our heart Soaked

1. Saturate with Kingdom living

Ezekiel 11:19 *Then I will give them one heart, and I will put a new spirit within them, and take the stony heart out of their flesh, and give them a heart of flesh,*
(II Corinthians 5:17 NKJV) *Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.*

(Colossians 1:19-23 NKJV) *For it pleased the Father that in Him all the fullness should dwell, and by Him to reconcile all things to Himself, by Him, whether things on earth or things in heaven, having made peace through the blood of His cross. And you, who once were alienated and enemies in your mind by wicked works, yet now He has reconciled in the body of His flesh through death, to present you holy, and blameless, and above reproach in His sight— if indeed you continue in the faith, grounded and steadfast, and are not moved away from the hope of the gospel which you heard, which was preached to every creature under heaven, of which I, Paul, became a minister.*

Saturation: reaching maximum capacity

In physical chemistry, when referring to surface processes, saturation denotes the degree of which a binding site is full.

- The act or result of supplying so much of something that no more is wanted.

(Ephesians 1:22-23 NKJV) *And He put all things under His feet, and gave Him to be head over all things to the church, which is His body, the fullness of Him who fills all in all.*
saturated in the Spirit - acts 2:42. Continued Steadfast

1. Apostles Doctrine

A way of believing. Core values. Under authority A world View

2 Fellowship. Common ground.

3. Breaking Bread. Relationship. Covenant

4. Prayers. Paul said Pray without Ceasing

2. Occupy Spiritual space

Matthew 6:33, But seek first the kingdom of God and His righteousness, and all these things shall be added to you.

Romans 8:5-8 NKJV “For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. For to be carnally minded is death, but to be spiritually minded is life and peace. Because the carnal mind is enmity against God; for it is not subject to the law of God, nor indeed can be. So then, those who are in the flesh cannot please God.” (Romans 8:5-8 NKJV)

3. Accept the Challenges, Changes, and Conflicts

Romans 8:1, There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.

Romans 8:18, For I consider that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us.

Romans 8:38,39. For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord. -- don't reject the heart

4. Keep the Faith fresh

(II Corinthians 4:16-18 NKJV)Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being renewed day by day. For our light affliction, which is but for a moment, is working for us a far more exceeding and eternal weight of glory, while we do not look at the things which are seen, but at the things which are not seen. For the things which are seen are temporary, but the things which are not seen are eternal.

First things First