



SERMON NOTES

It's OK If... Handling Life's Disappointments

Pastor Carl Toti
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Examples of Disappointment in the Bible

Over A _____ Situation

Job 6:18 (AMPC) 18 The caravans which travel by way of them turn aside; they go into the waste places and perish. [Such is my disappointment in you, the friends I fully trusted.]

Over Who Your Kid _____

Genesis 26:34-35 (NJB) 34 When Esau was forty years old he married Judith daughter of Beeri the Hittite, and Basemath daughter of Elon the Hittite. 35 These were a bitter disappointment to Isaac and Rebekah.

Over _____ In High Places

1 Samuel 15:10-11 (MSG) 10 Then GOD spoke to Samuel: 11 "I'm sorry I ever made Saul king. He's turned his back on me. He refuses to do what I tell him." Samuel was angry when he heard this. He prayed his anger and disappointment all through the night.

Over _____ in General

Isaiah 30:5 (NJB) 5 Everyone has been disappointed by a people who cannot help, who bring neither aid nor profit, only disappointment and confusion.

DISAPPOINTMENT NEEDS TO BE ADDRESSED BECAUSE...

Proverbs 13:12 (MSG) 12 Unrelenting disappointment leaves you heartsick, but a sudden good break can turn life around.

HANDLING LIFE'S DISAPPOINTMENTS

1. HAVE _____ EXPECTATIONS

Psalms 119:116 (GW) 116 Help me God, as you promised, so that I may live. Do not turn my hope into disappointment.

$$\text{DISAPPOINTMENT} = \frac{\text{Expectation}}{\text{Reality}}$$

We must accept finite disappointment but never lose infinite hope. –MLK Jr.

2. _____ WITH OTHERS BUT TRUST IN GOD

1 Peter 2:6 (NASB77)

6 For this is contained in Scripture: “ BEHOLD I LAY IN ZION A CHOICE STONE, A PRECIOUS CORNER stone, AND HE WHO BELIEVES IN HIM SHALL NOT BE DISAPPOINTED.”

As D. L. Moody said, “Trust in yourself, and you are doomed to disappointment; trust in your friends, and they will die and leave you; trust in reputation, and some slanderous tongue may blast it; but trust in God, and you are never to be confounded in time or eternity.”

Illustrations of Bible Truths.

Martin Luther said, “I have held many things in my hands, and I have lost them all; but whatever I have placed in God’s hands, that I still possess.”

Illustrations of Bible Truths.

3. DISAPPOINTMENT–YOUR _____ WITH GOD

DISAPPOINTMENTS ARE GOD’S WAY OF SAYING, “I HAVE SOMETHING BETTER FOR YOU!”

Matthew 23:12 (TLB)

12 But those who think themselves great shall be disappointed and humbled; and those who humble themselves shall be exalted.

There are no disappointments to those whose wills are buried in the will of God.

Frederick W. Faber